

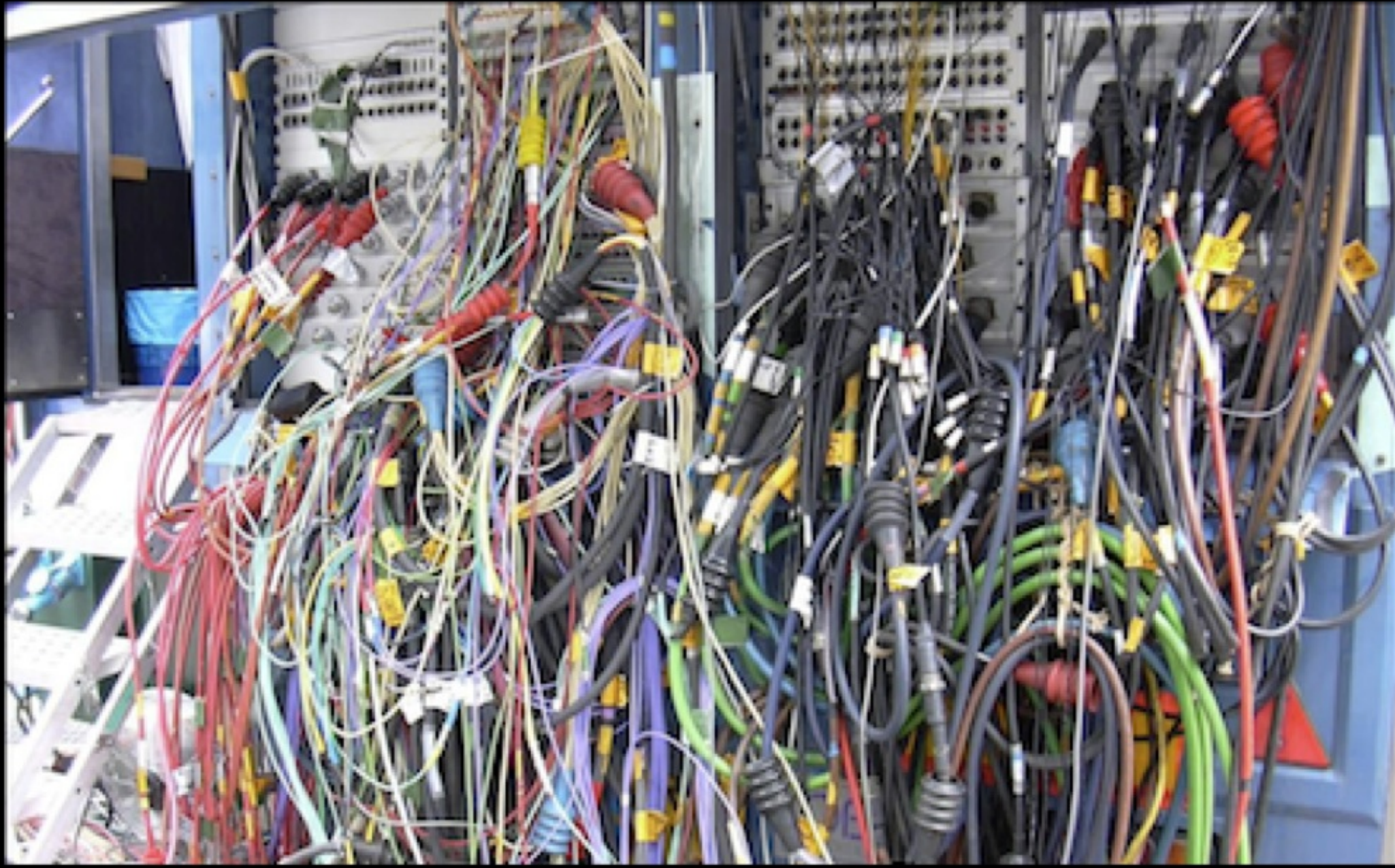


# INTENTIONAL MIND

A journey to positive thinking

With Dr. Ralph Martin











*Use a mirror in difficult times. You will see both cause and resolution.*

~ Deng Ming-Dao ~



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WHAT MATTERS MOST  
IS HOW YOU SEE YOURSELF.



**If you're searching for  
that one person that will  
change your life, take  
a look in the mirror.**

UNKNOWN





